Food and Drink at NAM 2023

Overview

This is a (naturally incomplete) list of recommended places to eat and drink in Cardiff. We try to prioritise local business over national chains, give an idea of cost and opening times, and specify if “good for large groups without booking”.

An interactive google map with much of this information is here: https://www.google.com/maps/d/edit?mid=1QX_vycMIIV8eGPBOwfLocfEuqDZPI-k&usp=sharing

Places to Eat Lunch or Dinner

Falafel Corner
£4-10 per meal
Serves Falafel. Lunch only. Good for takeout.
McSims Pastizzeria
£4-8 per meal
Serves coffee and pastries in the style of Malta. Lunch only. Good for takeout or sit in.

QBAO
£6-15 per meal
Noodles and Bao. Lunch and dinner.

Fowl and Fury
£8-12 per meal
Serves excellent fried chicken. Lunch or dinner. Good for takeout.

Calabrisella Cathays
£8-15 per meal
Serves pizza and Italian food. Good for dinner. Sit in or takeout.

Bar 44
£20-40 per meal
Serves very good tapas. Good for dinner. Sit in.

La Pantera
£10-20 per meal
Serves tacos. Some may find the vibe annoying. Good for dinner.

Vegetarian Food Studio
£10-20 per meal
Serves legendary Indian food. Dinner only. Takeout possible. Large portions. Further out.

Matsudai Ramen
£15-30 per meal
Serves nationally renowned ramen (Jay Rayner loves it). Dinner only. Further out. Booking advised.

Cardiff Market
£6-15 per meal
Excellent selection of different food stalls. Pierogi, tacos, pizza, indian, fried chicken, gyoza, Italian, cooked breakfast, bakery. Lunch only. Look upstairs as well!

Asador 44
£30-50 per meal
Serves fancy Spanish food. Dinner only. Booking advised.

Pettigrew Bakeries
£2-10 per meal
Excellent bakery. Pastries, donuts, sandwiches. Lunch only. Takeout only.

Fabulous Welshcakes
£2-5 per 'meal'
Serves welshcakes (sweet cake). Takeout only.

Kindle
£20-40 per meal
Serves fancy small plates and wine. Dinner only. Booking advised. Only outdoor seating.

Hadramowt
£10-30 per meal
Serves middle eastern food. Dinner only.

Pieminister
£10-20 per meal
Serves pies. National chain. Lunch or dinner. Sit in or takeout. Good for large groups without booking.

Wahaca
£15-40 per meal
Serves Mexican food. National chain. Lunch or dinner. Sit in. Good for large groups without booking.

Fresh Baguette Bar
£6-12 per meal
Serves legendary sandwiches (named one of the best in the world by Lonely Planet or something). Large queues. Lunch only. Takeout only.

£6-15 per meal
Serves very good Vietnamese food (banh mi, pho). Lunch or early dinner only. Sit in or takeout.

Wally’s Delicatessen
£10-20 per meal
Serves Alpine food (bread, cheese, sausage) and teas and coffee. Been in Cardiff a long time. Lunch only. Sit in only.

Places to Eat Dinner and/or have Drinks

Bacareto
£10-40 per meal
Serves very good Italian small plates/tapas/cicchetti. Good cocktails and wine selection. Dinner only.

Scaredy Cats Cafe Bar
£10-15 per meal
Serves burgers and small plates alongside beer, wine and cocktails. Board games available.

Tiny Rebel Cardiff
£10-20 per meal
Serves burgers and pub food alongside good selection of craft beer. Good for large groups without booking.

Zerodegrees
£15-25 per meal
Serves pizza and moules frites alongside beer, wine, cocktails. Good for large groups without booking.

Curado bar
£15-40 per meal
Serves good Spanish tapas alongside cocktails and wine.

Vermut
£10-20 per meal
Serves small meals (bread, tinned fish, cheese, meats) alongside good cocktails and wine. Very small so be prepared to go elsewhere.

Chapter Arts Centre
£10-20 per meal
Serves pub food alongside beer, wine and cocktails. Further out.

Tea and Coffee Places

Coffee Barker
Teas, coffees and cakes. Also good for lunch or cooked breakfast. A bit soulless maybe.

Little Man Coffee
Speciality coffee place. Also does wine some evenings!

Waterloo Tea
Very large selection of teas. Good cakes. Also good for lunch or cooked breakfast.

The Secret Garden
Very nice location in the middle of a big city centre park. Also good for lunch or cooked breakfast.

Hard Lines Market
Speciality coffee place.

Uncommon Ground
Speciality coffee place.

The Queer Emporium
Speciality coffee, teas and cakes.

The Plan
Excellent coffee. Also good for lunch, with some welsh specialities

Drinks-only Places

Nighthawks
Good wine selection. I say drinks only but also does nice soup and toasties.

Mad Dog Brewery
Selection of craft beer. Also sometimes does guest food so check.

Flute & Tankard

Pen & Wig
Generic pub but well located close to the conference venue and spacious. Can get very busy outside if it is sunny. Does do pub food.

Dead Canary
Speakeasy style cocktail bar. Booking required for large groups.

The Waterguard
Nice views over the bay. Does do pub food. Further out.

Porter’s
Atmospheric pub popular with Cardiff Physics people.

Fuel Rock Club
Rock / metal nightclub and bar, if that is your thing.